

## **The Seven Deadly Sins Part One - Anger**

### **Ezekiel 18:20**

The soul who sins shall die.

### **James 1:13-15**

God cannot be tempted by evil, nor does he tempt anyone; but each one is tempted when, by his own evil desire, he is dragged away and enticed. Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death.

**Anger is a deadly sin that must die!**

### **Romans 6:11**

So you also should consider yourselves to be dead to the power of sin and alive to God through Christ Jesus.

### **1 Peter 2:24**

He himself bore our sins in his body on the tree, so that we might die to sins and live for righteousness...

### **James 1:19-20**

My dear brothers, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, for man's anger does not bring about the righteous life that God desires.

### **Colossians 3:8-9**

But now you must rid yourselves of all such things as these: anger, rage, malice, slander, and filthy language from your lips.

**Anger is at the very least, the work of the flesh and can be an unclean spirit.**

### **Galatians 5:19-21**

The acts of the sinful nature are obvious: sexual immorality, impurity and debauchery; idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God.

**Anger isn't always a sinful thing.**

### **Ephesians 4:25-28**

In your anger do not sin...

**We need discernment between sinful anger and righteous indignation.**

### **Romans 6:14**

Don't let sin keep ruling your lives.

**Giving ourselves over to anger produces strife and sickness.**

**Proverbs 30:33**

For as churning the milk produces butter, and as twisting the nose produces blood, so stirring up anger produces strife.

**How to Deal a Death Blow to the Deadly Sin of Anger**

**1. Seek a peaceful solution to our conflicts.**

**Proverbs 29:8**

Mockers stir up a city, but wise men turn away anger.

**Proverbs 15:1**

A gentle answer turns away wrath, but a harsh word stirs up anger.

**2. Maintain self-control.**

**Proverbs 29:11**

A fool gives full vent to his anger, but a wise man keeps himself under control.

**2 Timothy 1:7**

For God did not give us a spirit of timidity, but a spirit of power, of love and of self-discipline.

**Galatians 5:22-23**

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.

**3. Avoid button pushers.**

**Proverbs 25:23**

As a north wind brings rain, so a sly tongue brings angry looks.

**4. Become a kind and forgiving person.**

**Ephesians 4:30-32**

Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

**Anger is ultimately the result of sin.**

**Romans 2:7-9**

But for those who are self-seeking and who reject the truth and follow evil, there will be wrath and anger.

**Genesis 4:6-7**

Then the LORD said to Cain, “Why are you angry? Why is your face downcast? If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door; it desires to have you, but you must master it.”

**Ephesians 2:1-4**

And you He made alive, who were dead in trespasses and sins, in which you once walked according to the course of this world, according to the prince of the power of the air, the spirit who now works in the sons of disobedience, among whom also we all once conducted ourselves in the lusts of our flesh, fulfilling the desires of the flesh and of the mind, and were by nature children of wrath, just as the others.

**Proverbs 29:22**

An angry man stirs up dissension, and a hot-tempered one commits many sins.

**Matthew 5:21-22**

“You have heard that it was said to the people long ago, ‘Do not murder, and anyone who murders will be subject to judgment.’ But I tell you that anyone who is angry with his brother will be subject to judgment.”

**Anger gives Satan a foothold in our lives.**

**Ephesians 4:25-28**

In your anger do not sin: Do not let the sun go down while you are still angry, and do not give the devil a foothold.