# Ready, Set, Grow! Part One – Personal Growth

## God expects us to grow.

### 2 Peter 3:18

Let the gift of undeserved grace and the understanding that come from our Lord and Savior Jesus Christ help you keep on growing.

## **Ephesians 4:14-15**

We will no longer be influenced by people who use cunning and clever strategies to lead us astray. 15 Instead, as we lovingly speak the truth, we will grow up completely in our relationship to Christ...

## We are to grow as Jesus grew.

### Luke 2:52

Jesus kept on growing wiser and more mature, and in favor with God and his fellow man.

## 1 Timothy 4:15

Practice these things and devote yourself to them, in order that your progress may be seen by all.

#### **How to Achieve Personal Growth**

### 1. Do an honest evaluation.

## 2 Peter 3:11

Since everything will be destroyed in this way, what kind of people ought you to be?

## 2. Set goals.

### Philippians 3:14

I run straight toward the goal to win the prize that God's heavenly call offers in Christ Jesus.

# 3. Surround yourself with the right people.

#### Proverbs 27:17

As iron sharpens iron, so one person sharpens another.

### 1 Corinthians 15:33

Do not be misled: "Bad company corrupts good character."

## 4. Resource your growth well.

## 2 Corinthians 9:8

And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work.

# 5. Develop good habits.

## 1 Corinthians 9:25

Everyone who competes in the games goes into strict training. They do it to get a crown that will not last, but we do it to get a crown that will last forever.

### Hebrews 12:1

...let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us.

## 6. Embrace growing pains.

## Hebrews 12:2

We must focus on Jesus, the source and goal of our faith. He saw the joy ahead of him, so he endured death on the cross and ignored the disgrace it brought him. Then he received the highest position in heaven, the one next to the throne of God.

As believers, our goal with personal growth is not "a better me" - it is Christlikeness.

#### John 3:30

"He must increase, but I must decrease."