

Laughter Doeth Good

Pt 2 - Good Medicine

Proverbs 17:22, A cheerful heart is good medicine, but a broken spirit saps a person's strength.

- **Like many parents, God often finds it difficult to get His children to take their medicine.**

Psalms 42:11, Why are you downcast, O my soul? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God.

Revelation 3:11, I am coming soon. Hold on to what you have, so that no one will take away your crown.

Philippians 4:1, Therefore, my dear brothers and sisters, stay true to the Lord. I love you and long to see you, dear friends, for you are my joy and the crown I receive for my work.

Romans 14:17, For the kingdom of God is not a matter of eating and drinking, but of righteousness, peace and joy in the Holy Spirit...

- **Laughter is a preventative medicine.**

Psalms 51:12, Restore to me the joy of Your salvation, and sustain me with a willing spirit.

Nehemiah 8:10, He said to them, "Go and eat delicacies and drink sweet drinks and send portions to those for whom nothing is prepared. For this day is holy to our Lord. Do not grieve, for the joy of the LORD is your strength."

Isaiah 12:3, With joy you will draw water from the wells of salvation.

- **Uncover the wells of joy in your life.**

Genesis 26:18, Isaac reopened the wells that had been dug in the time of his father Abraham, which the Philistines had stopped up after Abraham died...

5 Wells of Joy to Draw From

1. Prayer

John 16:24, Until now you have not asked for anything in my name. Ask and you will receive it, so that your joy may be complete.

Psalms 16:11, You have shown me the path to life, and you make me glad by being near to me. Sitting at your right side, I will always be joyful.

2. Worship

Luke 24:52, So they worshiped him and then returned to Jerusalem filled with great joy.

3. The baptism of the Holy Spirit

Galatians 5:22, But the fruit of the Spirit is... joy

4. The Word of God

John 15:11, I have told you these things so that you will be filled with my joy. Yes, your joy will overflow!

Jeremiah 15:16, You spoke to me, and I listened to every word. I belong to you, LORD God Almighty, and so your words filled my heart with joy and happiness.

5. Godly relationships

2 John 1:12, I hope to visit you soon and talk with you face to face. Then our joy will be complete.