

The Bible uses the word "heart" primarily to refer to the ruling center of the whole person, the spring of all desires. ... According to the Bible, the heart is the center not only of spiritual activity, but of all the operations of human life.

Proverbs 4:23-27

Above all else, guard your heart, for it is the wellspring of life. 24 Put away perversity from your mouth; keep corrupt talk far from your lips. 25 Let your eyes look straight ahead, fix your gaze directly before you. 26 Make level paths for your feet and take only ways that are firm. 27 Do not swerve to the right or the left; keep your foot from evil.

The Problem?

Jeremiah 17:9

The heart is deceitful above all things, and desperately sick; who can understand it?

The Cure?

Ezekiel 11:19

I will give them an undivided heart and put a new spirit in them; I will remove from them their heart of stone and give them a heart of flesh.

John 3:3

Jesus answered him, "Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God."

Romans 10:9-13

If you declare with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved. 10 For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved.

The Challenge

Romans 7:21-25

So I find this law at work: When I want to do good, evil is right there with me. 22 For in my inner being I delight in God's law; 23 but I see another law at work in the members of my body, waging war against the law of my mind and making me a prisoner of the law of sin at work within my members. 24 What a wretched man I am! Who will rescue me from this body of death? 25 Thanks be to God—through Jesus Christ our Lord! So then, I myself in my mind am a slave to God's law, but in the sinful nature a slave to the law of sin.

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Is your spiritual life a priority?

Matthew 6:33

But seek first his kingdom and his righteousness, and all these things will be given to you as well.

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What's coming out of your mouth?

Luke 6:45

The good man brings good things out of the good stored up in his heart, and the evil man brings evil things out of the evil stored up in his heart. For out of the overflow of his heart his mouth speaks.

Ephesians 4:29

Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.

Proverbs 18:21

The tongue has the power of life and death, and those who love it will eat its fruit.

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Where are your eyes wandering?

1 John 2:16

For all that is in the world, the lust of the flesh, and the lust of the eyes, and the pride of life, is not of the Father, but is of the world.

Hebrews 12:2

Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God.

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Your Walk

Proverbs 3:5-7

Trust in the LORD with all your heart and lean not on your own understanding; :6 in all your ways acknowledge him, and he will make your paths straight. :7 Do not be wise in your own eyes; fear the LORD and shun evil.

1 John 1:7

But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from all sin.