The Power of Hope John Burns

Phil 3:13-14

Brethren, I do not count myself to have apprehended; but one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead, I press toward the goal for the prize of the upward call of God in Christ Jesus.

How to build hope:

1. See your better future

Hebrews 11:1

Now faith is the substance of things hoped for, the evidence of things not seen.

Joshua 6:2

And the Lord said to Joshua: "See! I have given Jericho into your hand, its king, and the mighty men of valor.

2 Corinthians 4:13

And since we have the same spirit of faith, according to what is written, "I believed and therefore I spoke," we also believe and therefore speak,

Psalm 77:11-12

I will remember the works of the Lord; Surely I will remember Your wonders of old. I will also meditate on all Your work, And talk of Your deeds. (strengthen faith and hope)

2. Process your past forward

Philippians 4:6-7 AMP

Do not be anxious or worried about anything, but in everything [every circumstance and situation] by prayer and petition with thanksgiving, continue to make your [specific] requests known to God. And the peace of God [that peace which reassures the heart, that peace] which transcends all understanding, [that peace which] stands guard over your hearts and your minds in Christ Jesus [is yours].

Isaiah 26:3

You will keep him in perfect peace, Whose mind is stayed on You, Because he trusts in You.

Ephesians 3:20 AMP

Now to Him who is able to [carry out His purpose and] do superabundantly more than all that we dare ask or think [infinitely beyond our greatest prayers, hopes, or dreams], according to His power that is at work within us,

3. Take a step

James 2:20

But do you want to know, O foolish man, that faith without works is dead?